

## B.M.S EDUCATIONAL TRUST Ph: 080-26601836 B.M.S COLLEGE FOR WOMEN

## Autonomous Institution under Bengaluru City University, Bengaluru. NAAC Accreditation 'A' Grade

Bugle Rock Road, Basavanagudi, Bengaluru – 560 004

TITLE: ZEAL

**OBJECTIVES:** Goal is to raise standards of sports, provide experience leadership quality, discipline, foster sportsmanship and to give exposure to good players to achieve at higher level competition. **CONTEXT:** College hosted annual intercollegiate sports fest, games organized were Volleyball, Throwball (students and staff), Hand ball, Kho-Kho, Ball Badminton, Kabaddi, Netball, and Shuttle Badminton.

**THE PRACTICE:** Encourages students from various colleges to participate as it gives a fresh perspective on life and a new approach to deal obstacles.

**EVIDENCE OF SUCCESS:** It has encouraged students to pursue Physical Education as a career, who are now striving to reach greater heights by enhancing skills, techniques and advance towards ranking competitions.

**PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED:** The performance varied in few players where they needed counselling to overcome negative points.

Title: SHREE SWASTHYA

**OBJECTIVE:** Maintaining hygiene practices

**CONTEXT:** Pad vending machines and incinerators for disposing pads. Students created awareness on health related issues for public

**THE PRACTICE:** College promotes well-being and encourages students for community engagement in educating.

**EVIDENCE OF SUCCESS**: we could notice health practice in students and children of schools where awareness program were conducted.

## PROBLEM ENCOUNTERED AND RESOURCES REQUIRED

- 1. As the student's strength is more, procurement of machines is required.
- 2. Getting permission from local authorities